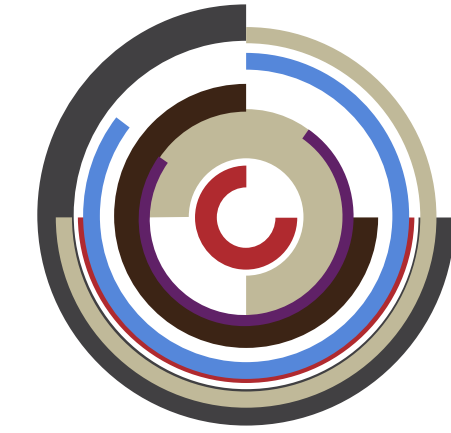




SUMMER

24
2
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CARDELREC
SOUTH

PROGRAM GUIDE



New showhomes opening June 2024!

Come home to a Cardel in Alpine Park.

LEARN MORE

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ALPINE PARK

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VINTAGE

CARDEL HOMES

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PROGRAM REGISTRATION

Registration

Program registration can be taken either in person at Guest Services or over the phone by calling [403-201-8652](tel:403-201-8652).

To register online or find out more information, visit www.cardelrecreation.intellionline.ca

Payment

Full payment must be made at the time of registration.

Online/Phone: Mastercard or Visa

In Person: Mastercard, Visa, Cash, Debit or Cheque

Program Cancellation

Cardel Rec South programs are subject to being combined and/or cancelled if registration does not meet minimum participant requirements. Every effort will be made to transfer affected registrants to a suitable alternate program. If a class is cancelled, a credit will be applied to your account, or a refund will be processed if requested.

Program Withdrawal

Fourteen days or more prior to the start of a program - a full refund will be processed.

Seven to fourteen days prior to start of a camp - withdrawal requests will be processed minus a \$10.00 cancellation/withdrawal fee per activity, with the program fee applied as a credit to your account.

Less than seven days before the start of or after a program start date - withdrawals will be subject to a full cost of a program. No refunds or withdrawals will be processed unless accompanied by a doctor's note. This must be approved by the Program Coordinator.

Medical withdrawal - a doctor's note must be provided within two weeks of request.

Subsidy

The City of Calgary Fee Assistance Program will only be available to use on Cardel Rec South programs. They cannot be used for third-party programs such as Engineering for Kids, Little Medical School, Sportball and Young Rembrandts.

Kidsport and Jumpstart funding is available. Please visit www.kidsportcanada.ca or www.jumpstart.canadiantire.ca for more information.



PROGRAMS FOR PRESCHOOLERS



**3-5
YRS** **Unparented**

Specifically designed for little tykes, these programs are a great way for preschoolers to discover art, science, creativity, and more – all in the name of fun!

All unparented programs require participants to be fully potty trained.

PROGRAMS FOR PRESCHOOLERS

3-5
YRS

Cardel Rec Preschool Summer Camp - Unparented

Welcome to our Summer Preschool Camp for ages 3-5! Dive into themed weeks like “Treasure Hunters” and “Jurassic Park” with arts and crafts, games, and outdoor play. Our experienced staff ensures a safe and joyful environment for your little ones to learn, play, and make new friends. Join us for a summer of creativity and fun!

Jurassic Park (5 Half Days)
 JUL 08 to JUL 12 9:00 AM– 12:00 PM Course # 2915

Into the Wilderness (5 Half Days)
 JUL 22 to JUL 26 9:00 AM – 12:00 PM Course # 2916

Superhero Week (5 Half Days)
 JUL 29 to AUG 02 9:00 AM – 12:00 PM Course # 2917

Little Scientists (4 Half Days)
 * AUG 06 to AUG 09 9:00 AM – 12:00 PM Course # 2918
 * **NO CAMP MONDAY, AUG 05**

Treasure Hunters (5 Half Days)
 AUG 19 to AUG 23 9:00 AM – 12:00 PM Course # 2919

COST	Resident \$130	Public \$140	5 Half Days
	Resident \$104	Public \$112	4 Half Days

PROGRAMS FOR PRESCHOOLERS

3-5
YRS

Unparented

Sportball Multi-Sport (4-5 Half Days)

Sportball’s action-packed half-day multi-sport camps introduce children to 8 ball sports and fun games PLUS arts and crafts, snack time, stories, and more! Coaches also focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork.

Campers should bring nut-free snacks, a water bottle, and indoor shoes. Campers may go outdoors for short periods, weather permitting. Children must be fully potty trained.

www.sportball.ca/calgary

COST	\$150	5 Half Days
	\$120	* 4 Half Days

LEARN MORE

* JUL 02 to JUL 05	9:00 AM – 11:30 AM	Course # 2920
* NO CAMP MONDAY, JUL 01		
JUL 15 to JUL 19	9:00 AM – 11:30 AM	Course # 2921
AUG 12 to AUG 16	9:00 AM – 11:30 AM	Course # 2922



VIBRANT URBAN PROGRESSIVE



■ DISCOVER PAIRED AND SINGLE-FAMILY HOMES

DISCOVER

SILVERTON

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YOUTH PROGRAMS

5+
YRS



Pre- and Post-Camp Care

We have added pre- and post-camp care for Youth Summer Programs! Our qualified leaders will provide children with a variety of activity options during this time, including free play, board games, stories and arts and crafts.

PRE-CARE AVAILABLE FROM 8:00 AM – 9:00 AM

POST-CARE AVAILABLE FROM 4:00 PM – 5:00 PM

Pick up beyond our post-camp hours will result in a \$10 late fee.

COST	Morning OR Afternoon \$5/Day or \$20/Week
	Morning AND Afternoon \$10/Day or \$40/Week

REGISTER NOW

YOUTH PROGRAMS

6-13
YRS

Summer Adventurers

Formerly known as Multi-Sport Madness
(4-5 Full Days)

Experience the best with Cardel Rec South. This year, our signature day camp is back on the dry pad (weeks 6 to 8 at Cardel Rec Courts). Tailored for active boys and girls, our full-day camps feature organized recreational activities, including sports, games, outdoor adventures, arts, crafts, and more. Age-appropriate groupings ensure a personalized experience. Plus, every registration includes a day of swimming at the YMCA pool. Please pack your child’s lunch or check out the new lunch option on page 26, and don’t forget to bring peanut-free snacks and a water bottle. Ensure timely drop off at 9:00am and pick-up at 4:00 pm, or see details on our pre- and post-care options.

* Week 1	JUL 02 to JUL 05	9:00 AM – 4:00 PM	Course # 2923
* NO CAMP MONDAY, JUL 01			
Week 2	JUL 08 to JUL 12	9:00 AM – 4:00 PM	Course # 2924
Week 3	JUL 15 to JUL 19	9:00 AM – 4:00 PM	Course # 2925
Week 4	JUL 22 to JUL 26	9:00 AM – 4:00 PM	Course # 2926
Week 5	JUL 29 to AUG 02	9:00 AM – 4:00 PM	Course # 2927
* Week 6	AUG 06 to AUG 09	9:00 AM – 4:00 PM	Course # 2928
* NO CAMP MONDAY, AUGUST 05			
Week 7	AUG 12 to AUG 16	9:00 AM – 4:00 PM	Course # 2929
Week 8	AUG 19 to AUG 23	9:00 AM – 4:00 PM	Course # 2930

COST	Resident \$255	Public \$275	5 Full Days
	Resident \$204	Public \$220	* 4 Full Days

YOUTH PROGRAMS

6-9
YRS

Youth Basketball (3 Half Days) **NEW!**

Join us for a three-day basketball camp at Cardel Rec South. This exciting introductory basketball camp is designed for budding young athletes aged 6 – 9 with little basketball experience, aiming to introduce them to the fundamentals of basketball in a fun and engaging way. Campers must know how to dribble and occasionally make shots and layups. Make sure to bring a peanut-free snack, water bottle and basketball if you have one.

AUG 26 to AUG 28 9:00 AM – 12:00 PM Course # 2931

9-13
YRS

Junior Basketball (3 Half Days) **NEW!**

Our three-day junior basketball camp is designed for players who have played the game before. This intermediate camp includes friendly competition and focuses on teamwork and the fundamentals of the game. Players in this course need to know the rules and be able to consistently make free throws and layups. Make sure to bring a peanut-free snack, water bottle and basketball if you have one.

AUG 26 to AUG 28 1:00 PM – 4:00 PM Course # 2932

COST	Resident \$90	Public \$100	3 Half Days
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YOUTH PROGRAMS

8-13
YRS

Sublime Scientists (5 Full Days)

Join in on an exciting week of science. Enrich your child's learning experiences through hands-on science activities all while HAVING FUN! Experimenting topics may include engineering challenges, anatomy, aerodynamics and more. Dress to get messy, plan to spend some time outdoors and most of all, plan for a fun-filled week.

JUL 15 to JUL 19 9:00 AM – 4:00 PM Course # 2933
 AUG 19 to AUG 23 9:00 AM – 4:00 PM Course # 2334

COST	Resident \$250	Public \$270	5 Full Days

8-13
YRS

Art Camp (4-5 Full Days)

Ignite your child's creativity at our Summer Art Camp. Through hands-on activities and guided sessions, young artists will explore various traditional mediums, participate in captivating demonstrations, and showcase their masterpieces at the end-of-camp art exposition. Each child receives a personalized art kit to continue their artistic journey at home. Join us for a summer of inspiration, imagination, and endless artistic possibilities.

* JUL 02 to JUL 05 9:00 AM – 4:00 PM Course # 2935
 * **NO CAMP MONDAY, JUL 01**
 JUL 15 to JUL 19 9:00 AM – 4:00 PM Course # 2936

COST	Resident \$250	Public \$270	5 Full Days
	Resident \$200	Public \$216	* 4 Full Days

YOUTH PROGRAMS

8-12
YRS

Mini Chefs Camp (5 Half Days) **NEW!**

Designed for aspiring home chefs, campers will get hands-on experience and learn basic kitchen etiquette in this unforgettable introduction to the art of cooking with our beginner cooking class at The Bench YYC, located in Cardel Rec South. Mom and Dad, you won't have to cook again! Campers will cover kitchen basics and be introduced to recipes from Canadian, Italian, Chinese and Mexican cuisine.

Spaces are limited, so reserve your spot now for this exciting culinary experience at The Bench YYC!

JUL 08 to JUL 12	1:00 PM – 5:00 PM	Course # 2937
JUL 15 to JUL 19	1:00 PM – 5:00 PM	Course # 2938
JUL 22 to JUL 26	1:00 PM – 5:00 PM	Course # 2939

COST | Resident **\$275** Public **\$300** 5 Half Days



YOUTH SPORTBALL

5-8
YRS

Basketball (4-5 Half Days)

Slamdunk! Sportball Basketball introduces fundamental concepts of gameplay and teaches the basic skills required to hit the court with confidence in a supportive, non-competitive environment. Coaches zero in on skills like dribbling, passing, catching, shooting, and defense in fun, exciting, skill-focused play.

Campers should bring nut-free snacks, a water bottle, and indoor shoes. Campers may go outdoors for short periods, weather permitting.

- * JUL 02 to JUL 05 1:00 PM – 3:30 PM Course # 2940
- * **NO CAMP MONDAY, JUL 01**
- JUL 15 to JUL 19 1:00 PM – 3:30 PM Course # 2941

5-8
YRS

Soccer (5 Half Days)

Kickstart your day! Sportball Soccer introduces fundamental concepts of gameplay and teaches the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused play.

Campers should bring nut-free snacks, a water bottle, and indoor shoes. Campers may go outdoors for short periods, weather permitting.

- AUG 12 to AUG 16 1:00 PM – 3:30 PM Course # 2942

COST	\$150	5 Half Days
	\$120	* 4 Half Days



SHAWNEE PARK
BY CARDEL HOMES

NEW HOME, ESTABLISHED COMMUNITY

4 New Showhomes Now Open

VISIT COMMUNITY



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ENGINEERING FOR KIDS

8-14
YRS

Humanoid Robotics (5 Half Days)

What if you had a robot who listened to your every command? Design, build, and program a humanoid robot to tackle challenges and tasks or teach it some awesome dance moves to your favourite song.

Your new friend can respond to your voice, have a conversation, see colours, and even recognize your face! Learn about coding, electronics, and engineering while designing your ideal humanoid robot.

JUL 08 to JUL 12

9:00 AM – 12:00 PM

Course # 2943

COST

\$250 5 Half Days

8-14
YRS

Minecraft Modding with MCreator (5 Half Days)

Unleash your inner game developer and craft your unique Minecraft world. At Engineering For Kids, students learn the ropes of programming using Java and MCreator to develop their mods. From concept to creation, campers delve into the intricate art of modding, bringing their imaginative ideas to life in the pixelated realm of Minecraft.

JUL 08 to JUL 12

1:00 PM – 4:00 PM

Course # 2944

COST

\$250 5 Half Days

COMBINE Humanoid Robotics **AND** Minecraft Modding with MCreator (5 Full Days)

JUL 08 to JUL 12

9:00 AM – 4:00 PM

Course # 2245

COST

\$400 5 Full Days

ENGINEERING FOR KIDS

5-7
YRS

Junior STEAM Camp - Art and Sport (5 Half Days)

Explore the cultures, traditions, and art history of North America and Peru by designing and creating Aztec masks, North American tipis, and Peruvian blankets. Then dive into the world of sports as campers compete for the gold, taking on exciting engineering challenges related to archery, minigolf, football, and basketball. Let the games begin!

JUL 22 to JUL 26 9:00 AM – 12:00 PM Course # 2946

COST | **\$250** 5 Half Days

5-7
YRS

Go Robot Mouse and Code (5 Half Days)

Learn basic coding and engineering with the fun robot mouse. The camp provides the perfect hands-on introduction to coding concepts, computational thinking, and problem-solving skills. Campers will then enhance their storytelling and coding skills as they utilize Scratch to build their characters and scenes and bring them to life through interactive stories and games. The students learn to work as a team to accomplish their goals.

JUL 22 to JUL 26 1:00 PM – 4:00 PM Course # 2947

COST | **\$250** 5 Half Days

COMBINE Junior STEAM Camp - Art and Sport **AND** Go Robot Mouse and Code (5 Full Days)

JUL 22 to JUL 26 9:00 AM – 4:00 PM Course # 2948

COST | **\$400** 5 Full Days

ENGINEERING FOR KIDS

8-14
YRS

Science of the Human Body (4 Half Days)

Take a closer look at the microscopic mechanisms that make humans tick. Examine the complexities of human anatomy and physiology through fast-paced engineering design activities. Utilizing exercise and movement as a teaching tool, kids problem-solve to unravel the mysteries of the human body. Maintaining health and fitness is a lifelong endeavour, and this camp is the perfect introduction to a healthy lifestyle!

Aug 06 to Aug 09 9:00 AM – 12:00 PM Course # 2949

COST | **\$200** 5 Half Days

8-14
YRS

Robo Battles with VEX IQ (4 Half Days)

It's time for robot basic training. Soldier bots need to be able to follow precise instructions to make it home from battle. In this camp, students will build, modify, and program a robot using the VEX IQ robotics kit. They will learn to use motors and sensors to detect objects and assist in navigation. Then, they will use the EFK Engineering Design Process to complete a variety of basic training boot camp challenges with their soldier bots.

Aug 06 to Aug 09 1:00 PM – 4:00 PM Course # 2950

COST | **\$200** 5 Half Days

COMBINE Science of the Human Body

AND Robo Battles with VEX IQ (5 Full Days)

Aug 06 to Aug 09 9:00 AM – 4:00 PM Course # 2951

COST | **\$320** 4 Full Days

ENGINEERING FOR KIDS

5-7
YRS

Junior Space Camp (5 Half Days)

What's it like to be an astronaut? This awesome summer camp adventure combines hands-on STEM exploration to explore rockets, space stations, robots, space weather, planetary geology, stars, asteroids, meteors, rockets, and so much more while also developing skills in creative thinking, design, teamwork, astronomy, engineering, geology, meteorology, chemistry, physics, and math.

AUG 19 to AUG 23 9:00 AM – 12:00 PM Course # 2952

COST | \$250 5 Half Days

5-7
YRS

Junior Makey Makey: Hardware and Programming Camp (5 Half or 5 Full Days)

For the little tykes, we are offering an introductory hands-on beginner course to introduce Makey Makey and how everyday objects can be used to create fun and engaging projects. This course will show kids how to use science and computer technology along with circuits and beginner computer programming to make interactive artwork, computer games, music and more.

AUG 19 to AUG 23 1:00 PM – 4:00 PM Course # 2953

COST | \$250 5 Half Days

COMBINE Junior Space Camp

AND Junior Makey Makey: Hardware and Programming Camp (5 Full Days)

AUG 19 to AUG 23 9:00 AM – 4:00 PM Course # 2954

COST | \$400 5 Full Days

LITTLE MEDICAL SCHOOL

6-11
YRS

Little Doctor School (5 Full Days)

Calling all Future Doctors

Students will explore the exciting field of medicine with a complete mini medical school experience aligned with STEM-based curriculum objectives through hands-on interactive instruction, role play, crafts and games. Children will get to dress up like doctors, use real medical instruments, discover how the body works, practice suturing stitches, learn about necessary life skills such as CPR, understand how medications work, and more.

Please provide your child with two peanut-free snacks, a water bottle and lunch to bring to camp. Your child needs to be picked up promptly at 4 pm.

JUL 15 to JUL 19 9:00 AM – 4:00 PM Course # 2955

6-11
YRS

Little Medical School (5 Full Days)

Wilderness Medicine and Sports Medicine

Students will have fun as little physicians learning about emergency situations in the wild and how to prepare for natural disasters, as well as handling injuries from playing sports. These future emergency medics will be ready for anything. Students also get to learn how to administer first aid and some basic at-home treatments for common musculoskeletal injuries.

Please provide your child with two peanut-free snacks, a water bottle and lunch. Your child needs to be picked up promptly at 4 pm.

JUL 29 to AUG 02 9:00 AM – 4:00 PM Course # 2956

COST | **\$400** 5 Full Days

LITTLE MEDICAL SCHOOL

6-11
YRS

Little Veterinarian School (5 Full Days)

Calling all Future Veterinarians

Future veterinarians will learn about the key responsibilities of vets specializing in dog and cat medical care. Students will practice nose-to-tail exams, administering medication, removing ticks and basic surgical skills. They will learn about canine and feline health through proper nutrition and hydration, how to perform a wound assessment, the functions of an animal's organs, x-rays, animal body language and more.

Please provide your child with two peanut-free snacks, a water bottle and lunch to bring to camp. Your child needs to be picked up promptly at 4 pm.

AUG 12 to AUG 16

9:00 AM – 4:00 PM

Course # 2957

COST

\$400 5 Full Days



YOUNG REMBRANDTS

6-12
YRS

Young Rembrandts (5 Half Days) **NEW!**

Learn to Draw Favourite Apps and Video Games

Art is all around us, including on phones and online. Join Young Rembrandts for a workshop mimicking the amazing imagery of our favourite apps and video games. Every day, students will learn new illustration and colouring techniques inspired by popular video games. Artwork is inspired by pixel block characters, plants, zombies and many more classic apps and games. If your child loves to game or draw, they'll have a blast putting their own personal touches on some of these favourites.

JUL 08 to JUL 12 9:00AM – 12:00PM Course # 2958

COST

\$220

5 Half Days

4-6
YRS

Young Rembrandts (5 1-Hour Sessions) **NEW!**

Early Learners - Summer Time Drawing

Jump into creativity and expand your child's horizons with Young Rembrandts. Young Rembrandts provides a productive environment where your child will learn how to draw and discover his or her artistic skills. During this week, our students will revel in a colourful collection of summer imagery. A detailed sand pail, a fierce shark, and a sailboat are just some of the drawings our students will create. Reveal an imaginative world of drawing to your young artist.

JUL 08 to JUL 12 1:00PM – 2:00PM Course # 2959

COST

\$100

5 1-Hour Sessions

YOUNG REMBRANDTS

6-12
YRS

Young Rembrandts (5 Half Days) **NEW!**

Baby Animals

Discover the diverse world of baby animals in this enchanting workshop. Young artists will explore varied artistic styles and unleash their creativity, celebrating the charm of baby animals. They will draw realistic nature scenes, whimsical Kawaii drawings, animals in humorous outfits, mythical creatures and more. The week ends with a grand composition that showcases your child's skills and passion. Enroll today for a blend of creativity and cuteness.

AUG 19 to AUG 23 9:00AM – 12:00PM Course # 2960

COST

\$220

5 Half Days

6-12
YRS

Young Rembrandts (5 Half Days) **NEW!**

Cartoon Adventures in Space

Join Young Rembrandts as we travel to the farthest reaches of the galaxy in our Cartoon Adventures in Space workshop. We will meet our own colourful cast of cartoon characters, like Sketch the Mouse, Shade the Cat and Dave the Elephant. From astronauts in jetpacks to out-of-this-world alien lifeforms, our students will learn how to compose well-drawn cartoon figures in dynamic poses. Get ready for five days of exciting, intergalactic imagery!

AUG 19 to AUG 23 1:00PM – 4:00PM Course # 2961

COST

\$220

5 Half Days

PLUS!

If participants register for both morning and afternoon programs during the week of AUG 19 to AUG 23, Young Rembrandts will supervise the 12:00 – 1:00pm lunch hour.



BEYOND BRICKS AND MORTAR

Through our charitable efforts, Cardel Foundations is proud to support a wide range of initiatives that strengthen communities.



SUMMER SKATING STARS

Summer Skating Stars (4-5 Days | 45-50 Minute Sessions)

Do you want a head start on the upcoming skating or hockey season? Are you interested in continuing to build the skills you have learned over the winter session?

Come join us in our SUMMER SKATING STARS!

Register in your AGE group (not skill level), where our qualified instructors can tailor each lesson to the ability and interests of your child. Each class may include a group warm-up, large group games, fun, circuit skill development and a full ice to free skate to end each class. Just because it is hot outside, don't let those skates get rusty. Cool off on the ice.

COST	Resident \$75	Public \$80	5 Days
	Resident \$60	Public \$64	* 4 Days

**4-7
YRS**

Unparented

* JUL 02 to JUL 05	4:20 PM – 5:05 PM	Course #2905
* NO CLASS MONDAY, JUL 01		
JUL 08 to JUL 12	4:20 PM – 5:05 PM	Course #2906
JUL 15 to JUL 19	4:20 PM – 5:05 PM	Course #2907
JUL 22 to JUL 26	4:20 PM – 5:05 PM	Course #2908
JUL 29 to AUG 02	4:20 PM – 5:05 PM	Course #2909

**8-15
YRS**

* JUL 02 to JUL 05	5:10 PM – 6:00 PM	Course #2910
* NO CLASS MONDAY, JUL 01		
JUL 08 to JUL 12	5:10 PM – 6:00 PM	Course #2911
JUL 15 to JUL 19	5:10 PM – 6:00 PM	Course #2912
JUL 22 to JUL 26	5:10 PM – 6:00 PM	Course #2913
JUL 29 to AUG 02	5:10 PM – 6:00 PM	Course #2914

SUMMER LUNCH PROGRAM

ALL AGES

Say goodbye to packing lunches! **NEW!**

With the unveiling of Cardel Rec’s latest venture, The Bench Restaurant, we are delighted to introduce a weekly lunch program exclusively for full-day summer camp attendees. This offering extends to both Cardel Rec’s full-day camps and third-party camps such as Engineering for Kids and Little Medical School. Our lunches consist of a main course, fresh fruits and vegetables, dessert, and a refreshing juice.

To secure your spot in the lunch program, make sure to complete your registration at least seven days before the commencement of your chosen summer camp. Ensure the registration is under your child’s name, and select the appropriate lunch plan corresponding to the week of your camp.

Take advantage of convenient registration and payment options:

- Online: www.cardelrecreation.intellionline.ca.
- Phone-in: [403.201.8652](tel:403.201.8652)

WEEK 1	* JUL 02 to JUL 05	9:00 AM – 4:00 PM	Course #2962
	* NO CAMP MONDAY, JUL 01		
WEEK 2	JUL 08 to JUL 12	9:00 AM – 4:00 PM	Course #2963
WEEK 3	JUL 15 to JUL 19	9:00 AM – 4:00 PM	Course #2964
WEEK 4	JUL 22 to JUL 26	9:00 AM – 4:00 PM	Course #2965
WEEK 5	JUL 29 to AUG 02	9:00 AM – 4:00 PM	Course #2966
WEEK 6	* AUG 06 to AUG 09	9:00 AM – 4:00 PM	Course #2967
	* NO CAMP MONDAY, AUG 05		
WEEK 7	AUG 12 to AUG 16	9:00 AM – 4:00 PM	Course #2968
WEEK 8	AUG 19 to AUG 23	9:00 AM – 4:00 PM	Course #2969

COST	Resident \$60	Public \$60	5 Days
	Resident \$50	Public \$50	* 4 Days

Please bear in mind that a distinct registration for the lunch program is necessary. The lunch program is an optional add-on and is not included in the camp fees. Additionally, kindly inform us of any food allergies during the registration process.

SUMMER LUNCH PROGRAM

WEEK 1 / WEEK 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Canada Day / August Long Weekend	<ul style="list-style-type: none"> • Turkey and cheese flatbread panini • Fresh vegetables with dip • Cinnamon bites • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Crispy chicken ranch wrap • Mixed greens salad with ranch • Jello cups • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Beef and vegetable hash • Fresh vegetables with dip • Mini cupcakes • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Pizza day • Fresh vegetables with dip • Two bite brownies • Seasonal fruit • Chocolate milk

WEEK 3 / WEEK 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> • Spaghetti with meatballs • Fresh vegetables with dip • Mini cupcakes • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Beef hot dog • Fresh vegetables with dip • Vanilla pudding • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Chicken tenders and fries • Fresh vegetables with dip • Mini cookies • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Beef tacos • Fresh vegetables with dip • Chocolate pretzels • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Pizza day • Fresh vegetables with dip • Granola bar bites • Seasonal fruit • Chocolate milk

WEEK 2 / WEEK 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> • Chicken quesadillas • Fresh vegetables with dip • Rice Krispie squares • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Cranberry turkey wraps • Fresh vegetables with dip • Worms 'n' dirt • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Mac and cheese • Fresh vegetables with dip • Smores taco • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Inside-out grilled cheese sandwich • Fresh vegetables with dip • Granola bites • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Pizza day • Fresh vegetables with dip • Two bite brownies • Seasonal fruit • Chocolate milk

WEEK 4 / WEEK 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> • Chicken penne with marinara • Caesar salad • Mini cookies • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • BBQ pork sliders • Fresh vegetables with dip • Cinnamon bites • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Grilled chicken ranch wrap • Fresh vegetables with dip • Worms 'n' dirt • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Tropical beef wraps • Fresh vegetables with dip • Two bite brownies • Seasonal fruit • Juice 	<ul style="list-style-type: none"> • Pizza day • Fresh vegetables with dip • Granola bar bites • Seasonal fruit • Chocolate milk