

Participant Helmet Standards for Learn to Skate Programs

All participants in The City of Calgary Recreation, Learn to Skate and hockey programs are required to wear a Canadian Safety Association (CSA) approved helmet.

Our priority is the safety of our skaters. If you have any questions regarding these helmet standards contact us at:


South Calgary programs: Southland Leisure Centre - 403-648-6550

North Calgary programs: Village Square Leisure Centre - 403-366-3900

Staff reserve the right to not allow a participant on the ice without the proper helmet.

 <h3>Acceptable helmets</h3> <p>Helmet should fit snug, no rocking back and forth or side to side, adjust helmet as needed including the chin strap. Helmet must cover the forehead.</p>	
<h3>Hockey Helmet - BEST option</h3> <p>A hockey helmet with a cages (face shields) is recommended, especially for younger children.</p>	
	

 <h3>NOT acceptable</h3> <p>Participants will NOT be allowed on the ice with one of these helmets.</p>				
<p>Goalie Helmet</p> 	<p>Baseball</p> 	<p>Bicycle</p> 	<p>Bull Riding</p> 	<p>Construction</p> 
<p>Horse</p> 	<p>Motorcycle</p> 	<p>Mountaineering</p> 	<p>Skateboarding</p> 	<p>Canoe/Kayak</p> 

 <h3>Skates</h3> <p>Lace up skates; hockey or figure skates.</p>
<p>Generally skates fit one size smaller than a shoe size. Skates must be sharpened (new skates do not come sharepened). Tie skates snug; start at the laces at the toes and work your way up to the ankle.</p>