

# WESTSIDE RECREATION CENTER

9:45 AM

11:00AM

**VOLLEYBALL**  
AGES 6-9  
20 PARTICIPANTS



**INTRO TO  
BASKETBALL**  
AGES 6-8  
12 PARTICIPANTS



**FITNESS CIRCUIT**  
AGES 10-12  
12 PARTICIPANTS



**FENCING**  
AGES 6-9  
15 PARTICIPANTS



**INTRO TO  
CLIMBING**  
AGES 9-12  
12 PARTICIPANTS



**SOCCER**  
AGES 6-9  
30 PARTICIPANTS



**FIELD HOCKEY**  
AGES 12-17  
50 PARTICIPANTS



11:15 AM

12:15 PM

**VOLLEYBALL**  
AGES 10-13  
20 PARTICIPANTS



**INTRO TO  
BASKETBALL**  
AGES 9-12  
12 PARTICIPANTS



**CORE & CARDIO**  
AGES 10-12  
12 PARTICIPANTS



**FENCING**  
AGES 10-14  
15 PARTICIPANTS



**INTRO TO  
CLIMBING**  
AGES 6-8  
12 PARTICIPANTS



**SOCCER**  
AGES 10-12  
30 PARTICIPANTS



**FIELD HOCKEY**  
AGES 6-11  
50 PARTICIPANTS



12:45 PM  
1:45 PM

**VOLLEYBALL**  
AGES 10-13  
20 PARTICIPANTS



**WATERPOLO**  
AGES 12-17  
20 PARTICIPANTS



**SOCCER**  
AGES 6-9  
30 PARTICIPANTS



**MINDFUL MOVEMENT**  
AGES 6-8  
12 PARTICIPANTS



**INTRO TO CLIMBING**  
AGES 6-8  
50 PARTICIPANTS



**FENCING**  
AGES 6-9  
15 PARTICIPANTS



**INTRO TO BADMINTON**  
AGES 9-12  
12 PARTICIPANTS



**INTRO TO BASKETBALL**  
AGES 6-8  
12 PARTICIPANTS



**FIELD HOCKEY**  
AGES 12-17  
50 PARTICIPANTS



**TRK CLASS**  
AGES 13-15  
12 PARTICIPANTS



2:00 PM  
3:00 PM

**VOLLEYBALL**  
AGES 14-17  
20 PARTICIPANTS



**INTRO TO BADMINTON**  
AGES 6-8  
12 PARTICIPANTS



**INTRO TO BASKETBALL**  
AGES 9-12  
12 PARTICIPANTS



**MINDFUL MOVEMENT**  
AGES 9-12  
12 PARTICIPANTS



**WEIGHT TRAINING**  
AGES 16-17  
6 PARTICIPANTS



**FENCING**  
AGES 10-14  
15 PARTICIPANTS



**INTRO TO CLIMBING**  
AGES 13-15  
12 PARTICIPANTS



**STROKE IMPROVEMENT**  
AGES 6-12  
20 PARTICIPANTS



**FIELD HOCKEY**  
AGES 6-11  
50 PARTICIPANTS

