



June 3, 2026

ALL SPORT ONE DAY REGISTRATION OPEN

Register Today for Sport Calgary's Fee Sport Discovery Event Located Across Calgary

CALGARY, Alberta — Sport Calgary and community partners are inviting youth ages 6–17 to get active, build confidence, and discover new passions through All Sport One Day, returning on Saturday, June 20.

Registration is now open for sport sessions located at **11 different venues** and areas around Calgary with more than **270 available sessions, 63 participating sport groups, 55 different sport offerings** and **6,512 spots available**.

Designed to introduce young people to sport in a fun and welcoming environment, All Sport One Day offers free opportunities for participants to try a variety of activities led by local sport organizations across Calgary. The event encourages youth of all skill levels to explore movement, connect with their community, and experience the benefits of sport participation.

“All Sport One Day is about giving young people the opportunity to step outside their comfort zone, stay active, and discover a sport they truly enjoy,” said Candice Goudie, President of Sport Calgary. “It’s an incredibly fun day, but it’s also an opportunity for participants and families to connect with local sport organizations, explore new activities, and learn about the many sport and recreation opportunities available throughout Calgary.”

With more than 350 sport organizations across Calgary, the city offers a wide range of opportunities for youth to stay active year-round. All Sport One Day helps families connect with those opportunities in an approachable and barrier-free setting.

Event Details

What: 2026 Sport Calgary All Sport One Day
Date: Saturday, June 20
Time: 9:30 AM - 3:00 PM
Location: Locations City-Wide

All Sport One Day is free to attend for youth ages 6-17.

Registration and additional information can be found at:

All Sport One Day | Sport Calgary | June 2026 | About Sport Calgary

Whether participants are trying a sport for the first time or looking to discover a new activity, All Sport One Day aims to make sport accessible, inclusive, and enjoyable for every child and teen who attends, while promoting the sport clubs and offerings available that day. A second All Sport One Day event is also hosted on Saturday, August 15. All Sport One Day has impacted over 45,000 kids since its inception in 2009.

Thank you to our supporters **City of Calgary, Group23, Calgary Hotel Association** and **Adrenaline Sports**.

About Sport Calgary

Sport Calgary is Calgary's leading advocate and driver for the growth of sport in the city. The organization provides opportunities and support for partners while ensuring that sport remains a safe, welcoming, and inclusive space for everyone. Through advocacy, programs, and initiatives, Sport Calgary strengthens community sport, promotes participation, and celebrates leadership and volunteerism that enhance the quality of life for all Calgarians.

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