

WESTSIDE RECREATION CENTER

9:45 AM
—
11:00AM

VOLLEYBALL
AGES 6-9
20 PARTICIPANTS



**INTRO TO
BASKETBALL**
AGES 6-8
12 PARTICIPANTS



FITNESS CIRCUIT
AGES 10-12
12 PARTICIPANTS



FENCING
AGES 6-9
15 PARTICIPANTS



**INTRO TO
CLIMBING**
AGES 9-12
12 PARTICIPANTS



SOCCER
AGES 6-9
30 PARTICIPANTS



FIELD HOCKEY
AGES 6-11
50 PARTICIPANTS



11:15 AM
—
12:15 PM

VOLLEYBALL
AGES 10-13
20 PARTICIPANTS



**INTRO TO
BASKETBALL**
AGES 9-12
12 PARTICIPANTS



CORE & CARDIO
AGES 10-12
12 PARTICIPANTS



FENCING
AGES 10-14
15 PARTICIPANTS



**INTRO TO
CLIMBING**
AGES 6-8
12 PARTICIPANTS



SOCCER
AGES 10-12
30 PARTICIPANTS



FIELD HOCKEY
AGES 12-17
50 PARTICIPANTS



12:45 PM
—
1:45 PM

VOLLEYBALL
AGES 10-13
20 PARTICIPANTS



WATERPOLO
AGES 12-17
20 PARTICIPANTS



SOCCER
AGES 6-9
30 PARTICIPANTS



MINDFUL MOVEMENT
AGES 6-8
12 PARTICIPANTS



INTRO TO CLIMBING
AGES 6-8
50 PARTICIPANTS



FENCING
AGES 6-9
15 PARTICIPANTS



INTRO TO BADMINTON
AGES 9-12
12 PARTICIPANTS



INTRO TO BASKETBALL
AGES 6-8
12 PARTICIPANTS



FIELD HOCKEY
AGES 6-11
50 PARTICIPANTS



TRK CLASS
AGES 13-15
12 PARTICIPANTS



2:00 PM
—
3:00 PM

VOLLEYBALL
AGES 14-17
20 PARTICIPANTS



INTRO TO BADMINTON
AGES 6-8
12 PARTICIPANTS



INTRO TO BASKETBALL
AGES 9-12
12 PARTICIPANTS



MINDFUL MOVEMENT
AGES 9-12
12 PARTICIPANTS



WEIGHT TRAINING
AGES 16-17
6 PARTICIPANTS



FENCING
AGES 10-14
15 PARTICIPANTS



INTRO TO CLIMBING
AGES 13-15
12 PARTICIPANTS



STROKE IMPROVEMENT
AGES 6-12
20 PARTICIPANTS



FIELD HOCKEY
AGES 12-17
50 PARTICIPANTS

